

# Whole Grain Pancakes, Duncan Hines 4"

**CONTAINS: Gluten, Dairy, Eggs and Soy**

## Ingredients:

- Water
- Whole wheat Flour
- Enriched wheat Flour
- Sugar (sugar dextrose)
- Liquid Whole Eggs
- Vegetable oil
- Buttermilk
- Whey
- Salt
- Baking soda
- Monocalcium phosphate
- Sodium aluminum phosphate
- Sodium Phosphate
- Soy Lecithin

Nutrition Facts		
Serving Size: 2 pcs (80g)		
Amount Per Serving	g/mg	% Daily Value
<b>Calories 150</b>		
<b>Total Fat</b>	<b>2g</b>	3%
Saturated Fat	0.4g	3%
Trans Fat	0g	
<b>Cholesterol</b>	<b>10mg</b>	
<b>Sodium</b>	<b>410mg</b>	<b>18%</b>
<b>Potassium</b>	<b>150mg</b>	
<b>Carbohydrate/Glucides</b>	<b>30g</b>	<b>14%</b>
Fibre	4g	14%
Sugar	6g	6%
<b>Protein</b>	<b>4g</b>	